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## Contact Us

### CFHA Maintenance

(928) 213-2731

### East Flagstaff Housing

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Phone: (928) 213-2735

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Hours: M-F from 8am - 5pm

### Flagstaff Housing West

Patricia Sauers, Housing Spec.

Email: [psauers@flagstaffaz.gov](mailto:psauers@flagstaffaz.gov)

Phone: (928) 779-1887

Fax: (928) 779-5801

Hours: M-F from 8am - 5pm  
(closed 12pm - 1pm)

### Clark Homes

Amanda Thomas, Housing Spec.

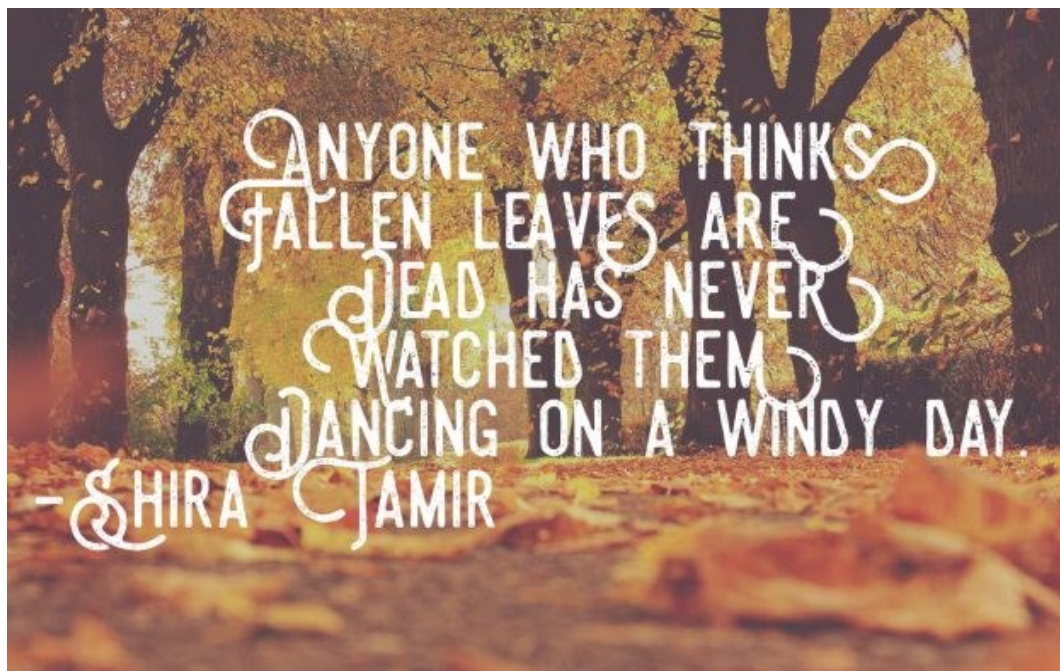
Email: [athomas@flagstaffaz.gov](mailto:athomas@flagstaffaz.gov)

Phone: (928) 779-1247

Fax: (928) 779-2175

Hours: M-Th from 8am - 6pm  
(closed 12pm - 1pm)  
& Fri 8am - 12pm

General Phone: (928) 213-2730



## Voting: Registration, Early Voting, Poling Places & More

Check your registration, register, and more at [Vote.org](https://Vote.org)! **To vote on**

**Tuesday, November 3rd, you must register by October 5.** The deadline

to sign up to vote-by-mail is October 23 at 5:00 pm. You can check your registration and more by calling (928) 679-7860 or (800) 793-6181 or going to [Coconino.AZ.gov](https://Coconino.AZ.gov). Apply as an Election Board Worker, too!

**Concerned about your mail-in ballot?** You can drop it off at the County Elections Office (110 E Cherry Ave), the County Elections Drive-Up Window (2304 N 3rd St), the County Health & Human Services Building (2625 N King St), or at the Flagstaff Elections Office (next to Dillard's at 4650 N US Highway 89).

**If you're voting in person, go to the polling place for your neighborhood with ID.** Valid Arizona driver license with accurate address; tribal

enrollment/identification card; or other federal, state, local ID cards are acceptable. Other IDs may be used together; for more, see [the Coconino County Elections webpage](https://theCoconinoCountyElectionswebpage).

- Siler Homes residents' and all Sunnyside residents' polling place is Coconino High School
- Brannen residents' polling place is the NAU Skydome
- Clark Homes residents' and Cedar residents' polling place is Flagstaff High School
- Crestview residents' polling place is Flagstaff Bible Church
- Upper Greenlaw residents' polling place is Puente de Hozho School

Any registered county resident can cast their vote at one of three Vote Centers: Flagstaff Mall (the Old Denny's next to Wells Fargo), at the NAU Skydome (East Concourse), or Tuba City High School.

## COVID-19 Precautions & Operational Changes

### CFHA Information

**Front Lobbies of all offices are currently closed.** We cannot permit anyone in the office who does not have a scheduled appointment. Staff are still in the office to serve residents. If you need to speak to your specialist or other staff, please call. We are working on a plan that will bring us back to full operation. **Please make sure your name and address are clear on your rent payments and to keep your money order receipts. Housing Authority receipts will be mailed if there is a credit or a balance due.**

If you pay by Money Order please be sure to detach your money order receipt before you put the rent in the drop box. This receipt is your proof that you bought the money order, and will help you obtain a replacement if one is needed.

### Maintenance Work Orders

Please call in all work orders to 213-2731. We are resuming routine work orders and maintenance at this time. If you called in a work order between March and August that has not been completed please call again to put in the work order. Be sure to include a call back number in your message.

When our Maintenance professionals are in your home, **make sure that nobody is in the same room while they are working and windows are open.** If they are unsure of conditions in the home they may check with Management for their own safety. All other work orders will be completed once we can ensure that staff and residents will be at minimal health risk.

We are unable to pick up items from the curb. To keep our developments neat, please place bulky items on the curb the day before the bulky item pickup noted on the calendar. For your own safety please do not disturb items left at the curb nor those in dumpsters.

### Change Reporting

We will be processing rent reductions with an expedited process to insure that rents remain appropriate and affordable. When reporting your change, please provide sufficient information for your Specialist to be able to determine your income. We are currently waiving face-to-face appointments, but it is very important that you return all documents with proper signatures to the office. When we have

received your signed documents we will sign and return copies to you through the mail.

**Clark Homes Neighborhood Network and the SHAC are currently closed and activities suspended.**

### Annual Recertifications

**Annual recertifications will be performed by mail.** The Flagstaff PD is again running background checks. If you are unable to provide certain verifications (other than income) with your recertification packet please include a note which indicates this. When we receive your packet with sufficient information to determine rent, a Family Worksheet and Lease Addendum will be sent for your signature. Please return the signed paperwork promptly. When received your specialist will sign the paperwork and send you a copy.

### Community Service

HUD has issued a waiver for Community Service. At this time those previously required to perform community service are not required to do so until their first annual recertification completed after April 1, 2020. Additionally we will not be reviewing community service status for anyone until the first annual recertification completed after April 1, 2020. This waiver expires April 1, 2021.

**To protect the health of our Residents and Staff all Annual Inspections for Public Housing are cancelled through the end of 2020 as allowed under PIH Notice 2020-13.** Please be sure to report maintenance needs as usual. Special Inspections may still be done if the need arises. Annual Inspections at Clark Homes are postponed until further notice. Please be aware that HUD intends to begin scheduling REAC Inspections. If one of our developments is scheduled for this the inspection must take place.

Lastly, Clark Homes and Public Housing newsletter will be combined for the time being.

### **COVID-19 Tests & You**

You can receive a free COVID-19 saliva test at Fort Tuthill, Mon.-Fri., 10am-3pm and Sat., 8am-12pm.

Registration is strongly preferred. More info at [coconino.az.gov/covid19](https://coconino.az.gov/covid19). If you believe you have had COVID-19 go to [covid19antibodytesting.arizona.edu](https://covid19antibodytesting.arizona.edu), to learn about antibody testing in our area.





## Coconino: Health & Human Services

**Due to the COVID-19 pandemic, in-person services are currently limited.** CCHHS Clinic is open effective August 31, by appointment only.

Health and Wellness Clinic services are available Mondays and Thursdays, 8am-5pm, by appointment only. Immunization services are available Tuesdays and Wednesdays from 8am-5pm, by appointment only. Call the Clinic for an appointment: (928) 679-7222, Toll-free (928) 679-7272.

The following CCHHS programs will continue to provide services virtually, by mail or by appointment.

- Rental Assistance
- Meal Deliveries
- Vital Records – *mail in only*
- WIC - *call for information*
- Animal Management
- Environmental Health

For information visit [www.coconino.az.gov/HHS](http://www.coconino.az.gov/HHS) or call 928-679-7272



### Apply for the CFHA Board

Want to guide the Flagstaff Housing Authority? Apply for our Board of Commissioners! The Board sets policy and direction for the CFHA. The Board meets each month on the third Thursday of the month at 10:00 am. Meetings are currently online, though will return to in person in the future. Learn more at [flagstaff.az.gov/994](http://flagstaff.az.gov/994); apply at [flagstaff.az.gov/1883](http://flagstaff.az.gov/1883).



## Food Resources



If you and your household are in need of food assistance, there are several resources available to use:

### Family Food Center Services:

#### NEW: Friday Food Boxes

You can now go to Thomas School every Friday from 10am-1pm or Killip Elementary from 9am-12pm to pickup a food box with no additional paperwork. All are welcome. Call Henrietta Jackson, (928) 525-4930, for more info!

#### Home Deliveries

Call (928) 526-2211 to sign up for a delivery

#### Emergency Food Boxes

3805 E Huntington, Tues-Sat, 9am-1pm

#### To-Go Style Dinner

1903 N 2nd St, Daily from 4:00pm-5:30pm

#### Backdoor Lunch Program: Ring Bell for Lunch

1903 N 2nd St., Daily from 10am-2pm

#### Book Distribution & Kids' Raffle

Tues-Fri, 4:00-5:30pm at 1903 N 2nd St., Kids can enter into the raffle every day for a bike or gift card!



#### Flagstaff Unified Schools

##### Free Grab & Go Meals

Mon-Fri, 11:00am-12:30pm

Visit [www.fusd1.org/grabandgo](http://www.fusd1.org/grabandgo) for locations

#### The Pantry by Golden Rule at 2573 E 7th Ave

Personalized food boxes for pickup W-Sun, 3pm-6pm

#### The Salvation Army Food Pantry

507 N. Humphreys St., 9am-12pm, 1pm-5pm, M-Th  
Emergency food box application required with ID

#### Emergency Food Assistance Program (DES)

If you receive SNAP, you are eligible for emergency food and assistance; other households can also apply. See [des.az.gov/services/basic-needs/food-assistance/emergency-food-assistance](http://des.az.gov/services/basic-needs/food-assistance/emergency-food-assistance) for more info.

#### Meals on Wheels (Area Agency on Aging)

If someone in your household is 60 years of age or older, call (877) 521-3500 to arrange for assistance.



## Fall in Flagstaff Events

What events have gone virtual and what events are still ongoing in our community? Plenty!

**Flagstaff West African Drum & Dance: West African Dance Class** (in person) with Jazzercise Flagstaff Every Tuesday at 6:45 (tentatively scheduled), \$15 drop in or \$40 for 4 classes.

**North Country HealthCare: Step Into Health Walking Club** (in person) is every 3rd Wednesday of the month, 3:30 pm to 4:30 pm at Buffalo Park

**Creative Kids** (in person) monthly class is Oct. 17 at 3:00 pm at Creative Spirits (605 Riordan) and fosters kid creativity every month! (\$20 fee)

**Museum of Northern Arizona: Celebraciones de la Gente** (Virtual), check with MNA at (928) 774-5213 or [info@musnaz.org](mailto:info@musnaz.org) for more information.

**Mountain Air Writers: Let's Write** (in person) at Wheeler Park, Friday, Oct 30 at 5:30 pm is a socially distanced event to help you write!

**FlagShakes: A Lie of the Mind** (Virtual and In Person), Nov 13-14 at Coconino Center for the Arts

**FlagShakes: Twelfth Night** (Virtual and In Person), Dec 11-20 at Coconino Center for the Arts

## Kids' Steam Corner: Fall Leaves!

Changing fall leaves are a great resource for making art! Paint leaves, make leaf people, make a rubbing of a leaf to see its veiny structure, or make a mosaic with them! While little ones around you are making art from leaves, you can highlight the science of how and why leaves change in the fall:

- Leaves are green from their chlorophyll, which can absorb sunlight to turn carbon dioxide and water into oxygen and sugar, which the tree uses.
- When days get shorter, leaves begin to die and the chlorophyll fades; this reveals colors the leaves already had, but was outshone by the green.
- Carotenoids (which are in orange vegetables like carrots and sweet potatoes) reflect yellow light, anthocyanins (which give berries red and dark blue colors) give some leaves red and purple hues. Old leaves show brown as tannins (which are also in coffee and tea) reflect in brown.
- Trees lose leaves to save energy from having to keep them alive through winter; allowing deciduous "leafy" trees to rest when sun is in short supply!

[Leaf Photo and More Fall Facts at americanforests.org/blog/science-behind-fall-foliage/](http://americanforests.org/blog/science-behind-fall-foliage/)

## Recipes of the Month: Chili!

Warm up the house with this easy recipe that resembles the fast food fav!

### Ingredients

2 tbsp. olive oil	1 onion, chopped
1 bell pepper, chopped	2 stalks celery, chopped
1 tbsp. tomato paste	1 1/2 lb. ground beef*
3 tbsp. chili powder	2 tsp. ground cumin
1 tsp. garlic powder	28-oz. can crushed tomatoes
15-oz. can kidney beans	15-oz. can pinto beans
Salt and pepper to taste	Shredded cheese
Green onions	Jalapeños

\*substitute ground turkey or veg-based meat for less fat  
*This is a low spice level, add more to make it your own!*



### Directions

1. In a large pot, heat oil over medium heat.
2. Add onion, pepper, celery and cook 5m.
3. Stir in tomato paste until even and dark, about 2m
4. Add ground beef, breaking up beef; stir and cook until beef is no longer pink, about 6m.
5. Drain fat, return the pot to heat.
6. Stir in spices, including generous salt and pepper.
7. Pour in crushed tomatoes, then beans with liquid; stir to combine and bring to a simmer.
8. Add seasoning and allow to simmer at least 40m, but longer for a more developed taste.
9. Serve with cheese, green onion, and jalapeños. Enjoy!

*Recipe and image from Delish.com, "Copycat Wendy's Chili".*





**NACOG Head Start/Early Head Start is accepting applications for your 0-5 year old child!** If you are looking for quality early childhood education, email them at [nacoghs@nacog.org](mailto:nacoghs@nacog.org). Call your local Head Start/Early Head Start center for more information. Find your local center at [nacog.org](http://nacog.org). NACOG is working on COVID-19 protocols to open safely.

### Emergency Utility Assistance

These organizations help with utilities:

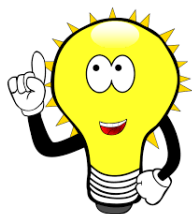
**Coconino County Community Services**, (928) 679-7453, helps with electric, gas, and more.

**The Salvation Army of Flagstaff**, (928) 774-1403, provides additional utility assistance.

**St Vincent de Paul Help Line**, (928) 774-6511, do not leave a message, call back until you have a chance to speak to someone.

**Unisource Payment Assistance** offers payment extensions and flexible payment plans, call (877) 837-4968 or visit [uesaz.com/electric-rates/](http://uesaz.com/electric-rates/).

**APS** offers additional services such as Project Share and Safety Net. Call 211 or go to [aps.com/assistance](http://aps.com/assistance) for more .



### Health Choice: Get a Flu Shot!

Flu shots help prevent and minimize the flu and this year it is as important as ever to avoid health complications. The flu shot is especially important for babies, pregnant women, and the elderly. Walk-in flu shot locations include: Bashas', CVS, Safeway Pharmacy, Sam's Club, Fry's Pharmacy, Walgreens, and Wal-Mart.

For more on the flu, see [cdc.gov/flu](http://cdc.gov/flu).

### Wise Words: Move It or Lose It!



Vehicle burglaries and thefts are crimes of opportunity which occur at all hours of the day and night. It takes less than 30 seconds for a thief to break

into your car and steal your valuables. Vehicular burglaries target personal belongings such as purses, bags, clothing, laptops, phones, and other electronic devices, that were left in the vehicle, in clear sight, and are easy to walk away with. Take the time to secure your property, place items out of view or take them with you. Keep in mind anything that might be of value to a potential thief.

#### Vehicle Burglary Prevention Tips:

- When leaving a vehicle, always roll up windows and lock all doors.
- Hide your personal belongings. If you leave property visible in your vehicle, your vehicle becomes a target.
- Store items in your trunk before you arrive on-site; avoid storing items in your trunk after you park.
- Keep cell phone cords and other electronic accessories out of sight. Burglars are willing to break a window when they see a cord because there is a chance that a device will be within.
- Burglars are able to detect the Bluetooth signal on electronic devices. Place your electronics in airplane mode or turn off the Bluetooth/Wi-Fi option, then power off your electronic devices. Put away devices before you get to the parking lot.
- If you are alone and it is late, ask store security to accompany you to your parked vehicle.
- Park in a well-lit area.

#### Look out for "suspicious activity" including:

- People walking up and down the parking lot aisles looking into cars or trying door handles.
  - Vehicles driving around at very slow speeds for extended periods of time, especially when spots are available to them.
  - People on bicycles or electronic scooters casing parked cars or circling lots.









## Your Story Could be Featured in Next Month's Newsletter!

If you have news of accomplishments, original artwork, poetry, community group news, recipes, or if you just want to see something specific on the next newsletter, we want to hear from you! Send Caleb your stories or suggestions and they may be featured in next month's newsletter!

Stop by the Siler Homes office, email [caleb.alexander@flagstaffaz.gov](mailto:caleb.alexander@flagstaffaz.gov), or call (928) 213-2738.

# October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>Trash Pickup</u></b> Clark Homes, Crestview, and Cedar	<b><u>Trash Pickup</u></b> All Sunnyside Scattered Sites <b><u>Recycling Pickup</u></b> Brannen and Verde	<b><u>Trash Pickup</u></b> Siler, Brannen, Steves, Alta Vista, Lockett, and Verde	<b><u>Recycling Pickup</u></b> Clark Homes, Cedar, and Crestview	<b><u>Recycling Pickup</u></b> Siler, Lockett, Alta Vista, Steves, and all Sunnyside Scattered Sites
September 28	September 29 	September 30	October 1 <b><u>Public Housing Rent Due</u></b> <b><u>Clark Homes Rent Due</u></b>	2
5 <b><u>Bulky Trash Pickup:</u></b> Clark Homes, Crestview, & Cedar	6 <b><u>Clark Homes Rent Late Fees Applied</u></b>	7 	8 <b><u>Public Housing Rent Late Fees Applied at 8am</u></b>	9
12 <b><u>Bulky Trash Pickup:</u></b> East Scattered Sites, Siler, & Greenlaw	13	14	15 <b><u>Last day to turn in Public Housing Recert. Packets for January by 8am</u></b>	16
19 	20	21	22 <b><u>Last day to pay rent to avoid court action</u></b>	23 <b><u>Last day, by 8am, to report changes for November rent decrease</u></b>
26 <b><u>Bulky Trash Pickup:</u></b> Brannen & Verde	27	28	29 	30 <b><u>Clark Homes Recertifications Due</u></b>

## November's Rent Dates

Public Housing - Late fees applied: On 8:00 am on Monday, November 9th

Public Housing - Last day to pay rent to avoid court action: By 8:00 am on Monday, November 23rd